

Other Pregnancy Topics

In addition to specific aspects of the first, second and third trimesters, this guide also covers aspects relevant to the entire relevancy:

- Rx & Pregnancy - a do's and don'ts guide to taking medications
- Weight & Diet - advice on weight gain and nutrition
- Exercise in Pregnancy - guide to exercising safely
- Seatbelts & Pregnancy - how car safety belts affect pregnancy
- Family Relationship - introducing the pregnancy to your partner and children
- Pregnancy Links - links from around the web for additional information